

WHAT IS CLAIMED IS:

1. A female physical condition management apparatus comprising:
  - 5 physical condition data acquiring means,  
appearance time estimation means,  
estimation accuracy determination means, and  
display means,  
wherein
  - 10 the physical condition data acquiring means acquires data about physical conditions of a female which appear in a monthly cycle,  
the appearance time estimation means estimates the oncoming times of appearance of the physical conditions appearing in a monthly cycle of the female based on the acquired data about
  - 15 the physical conditions,  
the estimation accuracy determination means determines the accuracy of the estimations made by the appearance period estimation means, and  
the display means displays data about the estimated times of
  - 20 appearance and data about the determined estimation accuracy.

2. The apparatus of claim 1, wherein the estimation accuracy determination means determines the accuracy of the estimations made by the appearance time estimation means based
  - 25 on the number of times the data about the physical conditions appearing in a monthly cycle of the female has been acquired by the physical condition data acquiring means in the past.

3. The apparatus of claim 1 or 2, wherein the data about the estimation accuracy which is displayed by the display means is a probability that the physical conditions appearing in a monthly cycle of the female actually appear at the estimated 5 times of appearance.

4. The apparatus of claim 1 or 2, wherein the physical condition data acquiring means is used by the female to input the data about the physical conditions appearing in a monthly 10 cycle.

5. The apparatus of claim 3, wherein the physical condition data acquiring means is used by the female to input the data about the physical conditions appearing in a monthly 15 cycle.

6. The apparatus of claim 1 or 2, wherein the physical condition data acquiring means measures physical data of the female and acquires the data about the physical conditions 20 appearing in a monthly cycle of the female based on the measured physical data.

7. The apparatus of claim 3, wherein the physical condition data acquiring means measures physical data of the 25 female and acquires the data about the physical conditions appearing in a monthly cycle of the female based on the measured physical data.

8. The apparatus of claim 6, wherein the physical data of the female is the basal body temperature of the female.

9. The apparatus of claim 7, wherein the physical data 5 of the female is the basal body temperature of the female.

10. The apparatus of claim 6, wherein the physical data of the female is the bioelectric impedance of the female.

10 11. The apparatus of claim 7, wherein the physical data of the female is the bioelectric impedance of the female.

12. The apparatus of claim 1 or 2, wherein the data about the physical conditions appearing in a monthly cycle of the 15 female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

13. The apparatus of claim 3, wherein the data about the physical conditions appearing in a monthly cycle of the female 20 which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

14. The apparatus of claim 4, wherein the data about the physical conditions appearing in a monthly cycle of the female 25 which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

15. The apparatus of claim 5, wherein the data about the

physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

5           16. The apparatus of claim 6, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

10          17. The apparatus of claim 7, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

15          18. The apparatus of claim 8, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

20          19. The apparatus of claim 9, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

25          20. The apparatus of claim 10, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

21. The apparatus of claim 11, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data 5 acquiring means is the start date of menstruation of the female.

22. The apparatus of claim 1 or 2, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data 10 acquiring means is the ovulation date of the female.

23. The apparatus of claim 3, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means 15 is the ovulation date of the female.

24. The apparatus of claim 4, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means 20 is the ovulation date of the female.

25. The apparatus of claim 5, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means 25 is the ovulation date of the female.

26. The apparatus of claim 6, wherein the data about the physical conditions appearing in a monthly cycle of the female

which is acquired by the physical condition data acquiring means  
is the ovulation date of the female.

27. The apparatus of claim 7, wherein the data about the  
5 physical conditions appearing in a monthly cycle of the female  
which is acquired by the physical condition data acquiring means  
is the ovulation date of the female.

28. The apparatus of claim 8, wherein the data about the  
10 physical conditions appearing in a monthly cycle of the female  
which is acquired by the physical condition data acquiring means  
is the ovulation date of the female.

29. The apparatus of claim 9, wherein the data about the  
15 physical conditions appearing in a monthly cycle of the female  
which is acquired by the physical condition data acquiring means  
is the ovulation date of the female.

30. The apparatus of claim 10, wherein the data about  
20 the physical conditions appearing in a monthly cycle of the  
female which is acquired by the physical condition data  
acquiring means is the ovulation date of the female.

31. The apparatus of claim 11, wherein the data about  
25 the physical conditions appearing in a monthly cycle of the  
female which is acquired by the physical condition data  
acquiring means is the ovulation date of the female.

32. The apparatus of claim 1 or 2, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the number of days in the monthly cycle of  
5 the female.

33. The apparatus of claim 3, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means  
10 is the number of days in the monthly cycle of the female.

34. The apparatus of claim 4, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means  
15 is the number of days in the monthly cycle of the female.

35. The apparatus of claim 5, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means  
20 is the number of days in the monthly cycle of the female.

36. The apparatus of claim 6, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means  
25 is the number of days in the monthly cycle of the female.

37. The apparatus of claim 7, wherein the data about the physical conditions appearing in a monthly cycle of the female

which is acquired by the physical condition data acquiring means  
is the number of days in the monthly cycle of the female.

38. The apparatus of claim 8, wherein the data about the  
5 physical conditions appearing in a monthly cycle of the female  
which is acquired by the physical condition data acquiring means  
is the number of days in the monthly cycle of the female.

39. The apparatus of claim 9, wherein the data about the  
10 physical conditions appearing in a monthly cycle of the female  
which is acquired by the physical condition data acquiring means  
is the number of days in the monthly cycle of the female.

40. The apparatus of claim 10, wherein the data about  
15 the physical conditions appearing in a monthly cycle of the  
female which is acquired by the physical condition data  
acquiring means is the number of days in the monthly cycle of  
the female.

20 41. The apparatus of claim 11, wherein the data about  
the physical conditions appearing in a monthly cycle of the  
female which is acquired by the physical condition data  
acquiring means is the number of days in the monthly cycle of  
the female.